



MATERNITY CIRCLES

Providing information and support throughout your maternity and parenting journey

Our Maternity Circle groups offer a safe and welcoming space in a community environment. We support women who are planning a pregnancy, pregnant women and new mothers by providing information on maternal health and wellbeing, and parenting until baby is 2 years old.



Maternal Health Information

Wellbeing Support

Infant Feeding Information

Safe Sleeping Guidance

Baby Self-Weigh



Mondays 12.30 - 2.00pm

KAWACC, Marlborough Street BD21 3HU

Thursdays 12.30 - 2.00pm

KHL, Scott Street BD21 2JH

**New session starting in Haworth.
February 2024!**

**Further information
coming soon**



Refreshments available

For further information, please call **01535 677177**, email **admin@khl.org.uk** or call in to KHL reception.