



MATERNITY CIRCLES

Providing information and support throughout your maternity and parenting journey

Our Maternity Circle groups offer a safe and welcoming space in a community environment. We support women who are planning a pregnancy, pregnant women and new mothers by providing information on maternal health and wellbeing, and parenting until baby is 2 years old.



**Maternal
Health
Information**

**Wellbeing
Support**

**Infant
Feeding
Information**

**Safe
Sleeping
Guidance**

**Baby
Self-Weigh**



Mondays 12.30 - 2.00pm

KAWACC, Marlborough Street BD21 3HU

Thursdays 12.30 - 2.00pm

KHL, Scott Street BD21 2JH

**New session starting in Haworth.
February 2024!**

**Further information
coming soon**



Refreshments available

For further information, please call 01535 677177, email admin@khl.org.uk or call in to KHL reception.